



# 2010 Annual Report: 35 years of providing hope & help on campus

With the help of generous supporters like you, in 2010 we celebrated 35 years of providing hope and help on campus! We have much to be thankful for.

Since our foundress opened our doors in 1975, we have been blessed to provide real choices to **at least 11,400 women and men faced with an unexpected pregnancy.**

And as the founding center of what is now the network of 26 Total LifeCare Centers, we are one of the oldest pregnancy centers in the NATION. We are thrilled to be part of this great legacy.

But this celebratory year also brought us some intimidating challenges:

- **The largest number of abortions** in our state continues to be performed on college-age women in Hennepin County.

- **Planned Parenthood's plans for a new mega-abortion center** just east of campus will give them easy access to University students. To prepare for the abortion center's opening, it is even more crucial than ever that we have the necessary support to assist this abortion-vulnerable population.

**In many ways, 2010 was one of our best years yet!** Check out the results you helped us achieve!

**Our 2010 highlights include:**

**Total clients:** We had a total of **737 client visits**, representing a steady growth over the past year and more than 20% higher than two years ago. We're keeping busy!

**Pregnancy Tests:** We **DOUBLED** the  
*(Continued on page 2)*

## Honor a Mom: Walk for Life on May 14 !!

Join us at family-friendly COMO PARK to walk in honor of moms & babies!

Please join us for the 2011 *Walk for Life* at our brand new family-friendly location — Como Park in St. Paul — to be held from 10 a.m. to noon on Saturday, May 14. The Walk is the week following Mother's Day weekend in honor of mothers and babies everywhere.

The new Como location offers families a wide range of after-event options. Come for the Walk and stay to enjoy the many free or low-cost



Como offerings! (See specific activities on page 3).

By registering as a walker or making

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## Counselor's Corner: Share good news about life before she ever needs to "choose"

by Jessica Kegley, Director of Client Services

This coming August marks my five-year anniversary at University LifeCare Center, making a total of almost eight years that I have been working directly in the pro-life movement.

Counseling clients who are in crisis and dealing with the possibility of being pregnant has been eye-opening. One of the things that surprised me when I first started pro-life work, especially here at the University LifeCare Center, is that college-age, career-minded clients tend to be even more determined to seek abortions than clients from other demographics and places in life.

It is not uncommon to meet a client who says she knows that abortion is taking a life, that it is in fact wrong, but that right now all she can afford to think about is all the schooling she needs to complete and the career that she is working toward.

We have clients who see their unborn baby on ultrasound, but because of where they are in their life, they think they cannot afford to care. Women have amazing capabilities of setting their mind to something and accomplishing it even when it causes them immense pain and suffering.

This is a generation of young people choosing to have sex with their boyfriend or girlfriend without first having a conversation about what they think about babies, and pregnancy, and all the "what ifs." They are unprepared because they have not thought about what they would do, or what they think and how they feel about the options.

It especially saddens me when I hear so many times that a young woman comes from a Christian home that holds "pro-life" values, but firmly believes she has been told that if she ever gets pregnant, she will not be welcomed or supported by her family.

So, where is the hope? The University LifeCare Center provides a time and a place to step out of the career-driven world of school, work, friends, and family. We can provide perspective over an entire life rather than just one moment. And we can support a hurting client with hugs, education, and counsel so she doesn't feel alone.

It has been a privilege for me to complete my master's degree and initial licensure this past year and be able to say that I can provide professional counseling to our clients. Sometimes this professionalism can make all the difference in her staying and listening longer, coming back for further processing, bringing family members here to uncover the emotions and thoughts that are affecting decision-making, and helping her give herself and her baby a chance.

But what can also make a significant difference are the messages and attitudes the client repeatedly encounters before ever becoming sexually active, before ever becoming pregnant.

All of us play a role in sharing life-affirming messages with others. I challenge myself—and you, too—to think about whether we consistently:

- share the good news that it IS possible to wait to have sex until marriage;
- say positive things and talk about adoption ;
- let the people we care about know that if they are ever feeling alone and stuck, we will be there to offer that hug and support, even if we feel disappointed;
- speak with young people about *all* of the pregnancy options and the truth about them BEFORE they are in a situation where they have to choose.

These are all things that we each can, should, and MUST do, long before someone is facing an unplanned pregnancy.

**"Each life is precious, and we start by saving one baby at a time."**  
Sr. Jeanne Therese—ULCC & TLC Foundress

## Lives Saved! Annual Report, cont'd.

(Continued from page 1)

**proportion of pregnancy test clients who were students** or were associated with the U of M (our target demographic) over last year.

**STI Services:** We **doubled** the number of tests and treatment of sexually transmitted infections (STIs) over 2009.

**Choosing Life:** **At least 64%** of clients who had positive pregnancy tests at our center indicated that they would carry their babies to term.

**InfoLine:** We answered nearly **600 calls** from clients after hours seeking help from us and four other LifeCare Centers.

**Staff and Finances:** We did all this and more with less than the equivalent of 3.5 full-time staff and the following budget:

Income		Expenses	
Contributions	106,000	Payroll and Benefits	112,000
Non-profit Grants	11,000	Non personnel	27,000
PA Grant	65,000	Occupancy	31,000
35th Gala Ticket Sales	7,000	Advertising	7,000
		Other	10,000
<b>Total Income</b>	<b>189,000</b>	<b>Total Expenses</b>	<b>187,000</b>
		<b>Net Income</b>	<b>2,000</b>

# Walk for Life, continued. *New family fun at Como Park!*

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a donation, *you can honor or remember a mom, a special woman in your life, or a baby. What a gift!* If you'd like, we will send you a certificate you can provide to the person you are honoring.

Walkers raise funds for the University LifeCare Center (ULCC) by obtaining pledges in advance. It's easy and *we collect the pledged money for you!* Or, we can provide you with a sample letter that you can send to your family and friends to get them involved in supporting LIFE.

**Our goal is to raise \$10,800, which is \$300 for each of the 36 years** that we have served women and babies near the U of M. This will also help *Keep Us on Campus* to continue operating in Dinkytown where we are needed most.

**Fr. John Meyer of the Cathedral of St. Paul** will serve as our Celebrity Walker this year! You can pledge him or join him at the Walk itself.

**PRIZES offered!** Walkers who collect \$200 or more in pledges will receive free pro-life ULCC memorabilia.

*Please pledge or register to walk now by using the form at right.*

E-mail your completed form to LMH@ulifecare.org or mail it to the street address on the form. *Or you can register or pledge online at [www.ulifecare.org](http://www.ulifecare.org).*

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*Enjoy a full day of family fun at Como Park!*

A sample of offerings include:

## 2011 Walk for Life in Honor of Moms and Babies

### Registration Form: University LifeCare Center

Walkers who collect \$200 or more in pledges receive gifts! Please complete this form and send it to the e-mail or street address below.

Please print. **Yes, I want to register as a walker!**

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Providing your e-mail address will enable us to communicate electronically, saving postage. We will NOT distribute e-mail addresses outside of ULCC.

Upon receipt of this form, we will send you a 2011 Walk for Life Packet with walk details and information on obtaining pledges.

*I am unable to participate as a Walker, so I am enclosing my donation of \$ \_\_\_\_\_.* Thank you!!

*I am walking or donating in honor or memory of:* \_\_\_\_\_

Please send me a certificate I can provide to the person I am honoring.

#### Please also contact me regarding the following:

- Volunteering       Monthly or Quarterly Pledges  
 Prayer Pledging       Electronic Gifting (Electronic Funds Transfer)

### University LifeCare Center

1315 4<sup>th</sup> Street SE, Suite 200, Dinkytown

Minneapolis, MN 55414

Phone: 612-623-3211

[www.ulifecare.org](http://www.ulifecare.org)

E-mail: [ulife@ulifecare.org](mailto:ulife@ulifecare.org)

- **Zoo & Conservatory:** Free Admission (\$2 per adult and \$1 per child donation is appreciated)  
Saturday hours 10 a.m.-6 p.m.  
Zoo Keeper Talks on Zoo Grounds—11 a.m.  
Story Time at the Visitor Center—12:30 p.m.  
Gardener Talk on Zoo Grounds—1 p.m.
- **Carousel:** Tickets \$1.50 each, 11 a.m.-6 p.m.
- **Como Town (amusement park):** No admission fee. Some activities free, rides require ticket purchase. 11 a.m.-6 p.m.
- **Mini Golf:** Half round, \$2.50 per person; full round, \$5.00 per person. (Hours depend on the weather).

## UNIVERSITY LIFECARE CENTER

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Minneapolis, MN 55414

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E-mail: [ulife@ulifecare.org](mailto:ulife@ulifecare.org)  
Website: [www.ulifecare.org](http://www.ulifecare.org)

*A Pregnancy Resource Center*

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# ulifecare.org

*If you do not wish to receive our mailings, please e-mail us at [ulife@ulifecare.org](mailto:ulife@ulifecare.org) or call us at 612-623-3211. Thank you!*

### Wishing Well: Help supply our “Treasures for Life”



ULCC relies on your generosity to provide for our basic needs. Our top needs right now include:

#### **For Mom (we could REALLY use these now):**

- Maternity Clothes (S, M, L, X-L), especially pants/shorts/skirts
- Sanitary pads and tucks
- Breast pumps
- Nursing bras, pads, & cream

**Bottles:** New BPA-free bottles!

#### **Baby Toiletries:**

- Baby oil, wash, bath & shampoo
- Diaper rash ointment
- Baby powder
- Aquaphor
- Petroleum jelly

#### **Newborn Basics:**

- Toys, teethers, rattles, etc.
- New or Used baby clothes 0-12 mo.
- Burp cloths

#### **Other Basics:**

- Cloth diapers
- Wipes
- Shoes

### Pro-Life bracelets & rosaries available!

The Franciscan Brothers of Peace in St. Paul are offering beautiful “Conception of Life” Bracelets and Pro-Life Rosaries to spread the message that all life is precious and to pray for change. Items can be purchased individually or in bulk and proceeds help with pro-life efforts, including centers like ours!

For more information or to order, please contact Br. Max at 651-485-2896.



Preborn development on front and Spiritual Adoption Prayer (or Pro-Life Scripture Verses) Inside.

### Be a Servant for Life!

#### Internships available!

A little time.

A little love.

That’s all it takes!

You can help us  
build the CULTURE  
OF LIFE—one life at a time.

For the past 38 years, we have lived with  
legalized ABORTION.

But that doesn’t mean that we have  
to accept it.

Make a CHOICE right now to make a  
DIFFERENCE.

Choose to help a man, woman, or baby at  
ULCC know they have ETERNAL VALUE.

VOLUNTEER. Be part of the generation  
that changes it all—one life at a time.



*A small body of  
determined  
spirits fired by  
an unquenchable  
faith in their  
mission can alter  
the course of  
history.  
Mohandas Gandhi*